



# GOURMET CAFÉ AND DELI

PH: 777-4611

## BREAKFAST SERVED TIL 10:30AM

- French Toast ..... 7.75
- Buttermilk Pancakes ..... 7.75
- Eggs - any style ..... 7.00
- Three Cheese Omelette ..... 8.75
- Veggie Cheese Omelette ..... 9.75
- Egg Dishes served with toast & homefries
- Add a Side Dish ..... 3.00
- Sausage - Bacon - Ham - Turkey - Homefries
- Breakfast Burrito ..... 7.50
- Scrambled Eggs, Cheese & Choice of Meat
- Egg Sandwich ..... 5.00
- With Cheese ..... 6.50
- With Meat ..... 7.00
- With Meat and Cheese ..... 8.00
- Bagel and Cream Cheese ..... 3.00
- Bread and Butter ..... 3.00
- Bread and Cheese ..... 5.00
- Add condiments .25 each on breakfast items

## SANDWICHES

- Add Cheese to any Sandwich \$1.00
- Italian Sub ..... 9.00
- Slow Roasted Roast Beef ..... 9.00
- Smoked Turkey Breast ..... 8.50
- Virginia Ham ..... 8.00
- Pastrami ..... 8.50
- Genoa Salami ..... 8.00
- Albacore Tuna Salad ..... 8.50
- Chicken Salad ..... 8.50
- Corned Beef ..... 8.50
- Egg Salad ..... 8.00
- Crab Salad ..... 8.50
- Veggie Burger ..... 8.00

**BREADS** - Sliced Rye or Wheat - Pita  
Sliced White - White or Multigrain French

**CONDIMENTS** Lettuce - Onions  
Tomato - Sprouts - Black Olives - Jalapeños  
Pickles - Green Peppers - Italian Dressing  
Mayo - Dijon or Yellow Mustard - Jen's  
Homemade Mustard or Horseradish Sauce

## SPECIALTIES

- Philly Cheesesteak ..... 8.95
- Sauteed Onions, Peppers, Mushrooms, Swiss on French Bread
- Rueben Corned Beef or Smoked Turkey 8.95
- Sauerkraut, 1000 Island Dressing, Swiss on Grilled Rye Bread
- Jerked Chicken Wrap ..... 9.50
- Grilled Chicken Breast in Jamaican Jerk Sauce, Lettuce, Tomato, Ranch Dressing
- Mahi Caesar Salad Wrap ..... 11.50
- Grilled or Blackened Fresh Mahi, Lettuce, Tomato, Caesar Salad Dressing
- Smoked Turkey Wrap ..... 8.75
- Smoked Turkey, Lettuce, Tomato, Sprouts, Jen's Special Herbed Dijon Mustard Sauce
- Buffalo Chicken Wrap ..... 9.00
- Breaded Spicy Chicken, Lettuce, Tomato, Ranch Dressing
- Chicken Parmesan Sandwich ..... 8.95
- SALADS/PLATTERS**
- Goat Beach Salad ..... 12.95
- Fresh Greens, Goat Cheese, Craisins Walnuts, Chicken
- South Beach Salad ..... 12.95
- Fresh Greens, Blue Cheese Crumbles, Walnuts, Chicken
- Greek Salad 10.00 w/ Chicken 12.95
- Fresh Greens, Tomato, Kalamata Olives, Pepperoncini, Feta Cheese
- Traditional Caesar Salad ..... 9.00
- Add Chicken 12.95      Add Mahi 14.95
- Chef Salad ..... 12.95
- Fresh Greens, Tomato, Ham, Turkey, Bacon, Jack & Cheddar Cheese, Egg
- Oriental Grilled Chicken Salad 12.95
- Fresh Greens, Chow Mein Noodles, Mandarins, Ginger Soy Sesame Dressing
- Chicken Salad Platter ..... 11.95
- Served on a bed of Fresh Greens
- Tuna Salad Platter ..... 11.95
- Served on a bed of Fresh Greens



## GOURMET CAFÉ AND DELI

ASK ABOUT DELI PLATTERS, CATERING & WHOLE HOMEMADE DESSERTS



TAKE OUT MENU  
777-4611

In town delivery only.

In The Beginning

**Conch Fritters \$9.95**

Fresh conch, peppers, and onions, with mango chutney sauce.

**Mozzarella Sticks \$7.95**

Traditional mozzarella sticks, with marinara sauce on the side.

**Coconut Shrimp \$11.00**

Hand breaded shrimp served with mango chutney sauce.

**Beef Nachos \$11.95**

Layers of ground beef, cheddar and jack cheeses, lettuce, tomato, diced onion, served with salsa.

**Chicken Finger Appetizer \$8.95**

Breaded chicken tenders, with honey mustard dipping sauce.

**Chicken Wings \$9.95**

Mango BBQ, Jamaican Jerk, or Buffalo with a side of ranch dressing.

**Crab Cakes \$10.95**

Jen's homemade crab cakes w with a tangy remoulade for dipping.

**DA Bomb Fries \$8.95**

Layered with monterey jack and cheddar cheese, onions, garlic and chorizo sausage. Served with ranch dressing on the side.

**Cheese Fries \$6.95**

Fries layered with monterey jack and cheddar cheese.

### Soups

**Conch Chowder \$8.95**

Fresh conch, seasonings and potato in a creamy chowder. Served with coconut dumb bread on the side.

**Local Chicken Soup with Dumplin \$7.95**

Lotsa local vegetables, pumpkin, tanya, and dumpling. Served with coconut dumb bread on the side.

### Salads

**Jen's Famous Conch Salad \$16.95**

Fresh conch, onions, peppers, and home grown key limes.

**Tuna or Chicken Salad \$11.95**

Served on a bed of fresh greens.

**Oriental Grilled Chicken Salad \$12.95**

Mandarin oranges, oriental noodles, veggies and chicken on top of crisp greens. Served with a ginger soy dressing on the side.

**South Beach Salad \$12.95**

Grilled chicken, veggies, fresh bleu cheese crumbles, and walnuts.

**Goat Beach Salad \$12.95**

Goat cheese, craisens, walnuts and grilled chicken.

**Caesar Salad \$9.00**

Add Chicken \$12.95      Add Grilled Mahi Mahi \$15.95

Add Grilled Shrimp \$15.95

**Buffalo Chicken Salad \$12.95**

Chicken tenders tossed in buffalo sauce, bleu cheese crumbles.

**Beef Taco Salad \$13.95**

A tortilla bowl filled with greens topped with beef, monterey jack and cheddar cheese, diced onions, peppers, and tomatoes.

### Jen's Specialties

**Shrimp St. Thomas \$18.95**

Fresh shrimp and vegetables, served over our pasta of the day.

**Chicken St. John \$17.95**

Chicken in alfredo sauce, with broccoli and red peppers over pasta.

**Creole Shrimp \$17.95**

Saute'd shrimp and vegetables over rice.

### Burgers, Sandwiches and Wraps

Served with your choice of one of the following:  
Fries, Island Rice and Beans, Coleslaw or Fried Plantain

**The Traditional \$9.95**

Lettuce, tomato, pickle, and our Rum soaked onions.

**Cheese Burger \$10.95**

Choice of four cheeses.

**Bahama Mama Burger \$12.95**

Topped with mango chutney, grilled pineapple, and onions.

**Jamaican Me Crazzzzzyy Burger \$12.95**

Topped with spicy Jamaican Jerk sauce.

**Grilled Chicken Sandwich \$12.95**

Grilled chicken breast, lettuce, tomato, and onions.

**Pina Colada Chicken Sandwich \$13.95**

Chicken breast, topped with mango chutney, pineapple and coconut.

**Fresh Mahi Mahi Sandwich \$13.95**

Fresh mahi mahi on a Kaiser roll, with lettuce, tomato and onions.

**Jamaican Jerk Chicken Wrap \$12.95**

Grilled chicken, jerk sauce, lettuce, tomato and ranch dressing wrap.

**Buffalo Chicken Wrap \$12.95**

With buffalo sauce, lettuce, tomato, and ranch dressing in a wrap.

**Fried Fish Sandwich \$12.95**

Cod lightly breaded, lettuce tomato, and onions on on a Kaiser roll

**Chicken Parmesan Sandwich \$12.95**

Served on our homemade French bread.

**Philly Cheesesteak Sandwich \$12.95**

Shaved steak, onions, peppers, mushrooms, and swiss cheese..

### Platter Specials

#### Roti

Curried potato, carrot and chick peas, wrapped with your choice of:

Vegetarian Style \$9.95

Chicken \$12.95      Shrimp \$15.95

**Fresh Mahi Mahi \$17.95**

With rice and beans, boiled green banana, and vegetable of the day.

**Atlantic Salmon Platter \$16.95**

With rice and beans, boiled green banana, and vegetable of the day

**Fish and Chips Platter \$14.95**

Fresh fish, deep fried, served with fries, coleslaw and tartar sauce.

**Chicken Fingers and Fries \$12.95**

With fries and honey mustard dressing.

**Today's Fresh Catch market price**

Whole local pot fish, and fried topped with Jen's homemade creole sauce. Served with island rice, fungi, and boiled green banana.

**Fresh Locally Caught Conch in Butter Sauce market price**

With island rice, boiled green banana, and vegetable of the day.

**Fresh Local Lobster market price**

Half of a 2 pound lobster with saut'ed onions and peppers, fungi, boiled green banana, island rice and today's fresh vegetable.

**Whole 2 pound Caribbean Lobster market price**

### Desserts

We specialize in Edy's Ice Cream. Ask your server about today's special homemade desserts